



Come be a part of it!

Do you love the outdoors, but can't find time to enjoy it?

Are you tired of your typical weekend...errands, laundry, kids, cleaning, chores... the same old thing.

Have We got the Perfect Escape For You!

This is an opportunity to stretch your wings and try something new and exciting in a setting that encourages comfort and fun in the outdoors. It's like a day camp for grown ups!

Grab your mom, sister, friend or co-worker, or grab all of them. Bring them to this event for a Fun and Exciting day of learning and fellowship.

If you've never attended a Women in the Outdoors or Becoming An Outdoors-Woman event, you're in for a real treat! Come prepared for a fun time, in a relaxed, non-competitive environment.

Your paid registration includes:

- Choice of 4 expertly instructed classes
- 1-year subscription to the *Women in the Outdoors* Magazine
- Coffee and Donuts and a Delicious Lunch
- Equipment & materials needed for use during classes
- 1-year membership to the Women in the Outdoors (or extension of current membership).

What to Bring:

- How about bringing your sister, mother, daughter, or friend?
- Note taking materials if you are so inclined and a water bottle.
- Demonstration equipment will be provided, but feel free to bring your own.
- Classes are outdoors and hands-on regardless of the weather. Lightweight hiking boots are recommended. Be sure to bring rain gear as workshops will proceed.

Tammy Mowry
Women in the Outdoors
288 Crisswell Road
Butler, PA 16002



**Saturday
July 26, 2008
8:00 a.m.—5:00 p.m.**



**Kanawha State Forest
Charleston, WV**

Presented by:
WV State Chapter
National Wild Turkey Federation
and the West Virginia
Division of Natural Resources



Archery: Whether you're interested in backyard recreation, competition target shooting, or bow hunting you'll enjoy learning about this fast growing sport. Learn the basics of equipment and safety. Experience the thrill of hitting the mark at the archery range.

Fly Tying: Learn the art of fly tying. You will be presented with materials and tools which are needed and learn their various uses. Then, you'll try your hand at tying some basic fly patterns.

Talkin' Turkey: You'll have an opportunity to learn about the wild turkey and its habits. Learn calling techniques, equipment, camouflage and set-up techniques to improve your chances of seeing, photographing, and bagging one of these magnificent birds.

What's In the Woods?: Have you ever gone on a hike and wondered what that tree, bush, weed, bird or animal track might be? Then this class is for you. Learn how to identify various plants that grow in the woods by their leaves, bark buds, and flowers. Learn to identify birds visually or by their song and what animal track left their track in the woods. Easy hike in the forest so wear appropriate shoes.

Outdoor Crafts: In this class you will be making couple different crafts that you will be able to take home with you. (**\$10 charge for class supplies**).

Birding: Learn about birds and their habitats and where to find birds in West Virginia. Learn about bird calls and songs, what they mean and how to identify birds by sound.

Biking: Learn tips on equipment, basic bike repairs and basics of biking. **Bring your own bike to practice on.** Also learn how to plan a bike trip and what is essential for your trip.

Camping: Select proper equipment, learn basic tools, pitch tents, and build a fire. Explore quick and easy ways to cook outdoors.

First Aid: A little rusty on your "ABC's" of first aid. Forget where the pressure points are? What's the difference between heat stroke and heat exhaustion and how do you treat each? What do you do if you encounter a venomous snake? This class will help to refresh your skills.

Fishing: This course will provide hands-on instruction from choosing equipment to landing the fish. Learn the fundamentals of rod and reel handling, casting, knot tying, and tackle. Equipment will be provided, but participants are encouraged to bring their own.

Stream Ecology: This class will be in introduction to aquatic creatures and their role in an aquatic ecosystem. There will be some lecture time, but most of the class will involve hands-on learning, so be prepared to get wet. Participants should bring old shoes.

Outdoor Cooking: Complete meals can be cooked in a Dutch oven, whether it's breakfast or dinner. Learn how while practicing a few recipes during class, then enjoying the results. You will also learn about the preparation and care of the oven and different equipment that can be used.

(Classes Continued in Next Column)

Outdoor Survival: Gain the knowledge, skill, and attitude that surviving an outdoor emergency requires. This course will deal with the mental things that you need to know about survival as well as the physical aspects: food, water, fire, and shelter. You will also learn what to include in a survival pack to take with you when you venture into the wilderness. Have you ever built a fire without matches? In this class you'll learn how to!!

Rifle Marksmanship: Learn to shoot .22 rimfire rifles and the fundamentals of rifle marksmanship skills. Come join us for fun and action on the firing range!

Questions?

Tammy Mowry (Women in the Outdoors)
(724) 284-9201, Email: Tammyntwf@zoominternet.net
OR

Billie Shearer (Becoming An Outdoors-Woman)
(304) 558-2771, Email: Billieshearer@wvdnr.gov

Send Checks and Registration to:

Tammy Mowry, 288 Crisswell Road, Butler, PA 16002

Confirmation

Once your registration and payment have been received, confirmation and directions will be sent via email or postal mail. Please arrive between 8:00 and 8:30 a.m. for check-in.

Cancellation Policy

The cancellation deadline is July 15. If you cancel after the deadline, you will be responsible for the full program fee. You may send a substitute if you cannot attend.

Ages 14-17 must attend with a parent or legal guardian.

Workshop Schedule:

8:00 - 8:30	Registration/Check-in
8:30 - 8:45	Welcome/Overview
9:00 - 10:15	Session 1
10:30 - 11:45	Session 2
12:00 - 1:00	Lunch
1:15 - 2:30	Session 3
2:45 - 4:00	Session 4
4:15 - 5:00	Closing

**During the event, we'll have a Silent Auction,
Raffles, & Door Prizes
(cash, checks, and credit cards will be accepted)**

Women in the Outdoors Event — July 26, 2008

Name _____
Address _____
City _____
State _____ Zip _____
Phone _____
Date of Birth _____
E-mail Address _____
New Member _____ Renewal _____
WITO Membership Number _____
Emergency Contact _____
Emergency Contact Phone _____

Please choose four (4) classes and three (3) alternates.

#1 _____	#2 _____
#3 _____	#4 _____
Alternate _____	Alternate _____
Alternate _____	

Women in the Outdoors T-shirts can be ordered with your registration fee. T-shirts are \$10 each. T-shirts will not be available at the event, please indicate size you want. Deadline for ordering is June 26.

___ Small ___ Medium ___ Large
___ XL ___ XXL ___ XXXL

Payment Method (cash, checks, and credit cards will be accepted)

- \$ _____ Registration Fee
\$40 (early bird, postmarked by June 1)
\$45 (postmarked after June 1)
 - \$ _____ Additional class fee
 - \$ _____ WITO T-shirt (\$10)
 - \$ _____ I can't attend, but want to renew my membership (\$25)
 - \$ _____ TOTAL
- Make check payable to: **WV State Chapter, NWTF**
- Charge my credit card number _____

Circle one: Visa M/C Discover AMEX
Three digits on back of card _____ Exp. Date: _____
Signature: _____