



Come be a part of it!

Learning new outdoor skills, meeting people with similar interests and spending time with family and friends are what the Women in the Outdoors program is all about.

Women are discovering that hobbies such as camping, hiking, fishing, kayaking, hunting, shooting, and birdwatching are fun ways to reconnect with the special people in their lives. At daylong events held throughout the United States and Canada, women receive expert instruction and a chance to try a variety of outdoor activities thanks to the National Wild Turkey Federation and its partners.

If you've never attended a Women in the Outdoors event or Becoming An Outdoors-Woman event, you're in for a real treat! Come prepared for a fun time, in a relaxed, non-competitive environment.

Come to the 4th annual West Virginia State *Women in the Outdoors* and West Virginia Division of Natural Resources *Becoming an Outdoors-Woman* wild and wonderful outdoor event.

Your paid registration includes:

- Choice of 4 expertly instructed classes
- 1-year subscription to the *Women in the Outdoors* Magazine
- Coffee and Donuts and a Delicious Lunch
- Equipment & materials needed for use during classes
- 1-year membership to the Women in the Outdoors (or extension of current membership).

Tammy Mowry
Women in the Outdoors
288 Crisswell Road
Butler, PA 16002



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**WV State Chapter of the
National Wild Turkey Federation
and the WV Division of Natural
Resources present a**

Wild & Wonderful Women's Outdoor Event



July 28, 2007
Kanawha State Forest
Charleston, WV



A partnership project of the WV
State Chapter of the NWTF and
the West Virginia Division of
Natural Resources

Archery: Learn about this fast growing sport. Do you want to learn backyard recreation, competitive target shooting, or maybe you want to go bow hunting? You will learn how to select equipment that fits you. There will be lots of hands-on instruction. Experience the thrill of hitting the target.

Camping: Select proper equipment, learn basic tools, pitch tents, and build a fire. Explore quick and easy ways to cook outdoors.

First Aid: A little rusty on your "ABC's" of first aid. Forget where the pressure points are? What's the difference between heat stroke and heat exhaustion and how do you treat each? What do you do if you encounter a venomous snake? This class will help to refresh your skills.

Fishing: This course will provide hands-on instruction from choosing equipment to landing the fish. Learn the fundamentals of rod and reel handling, casting, knot tying, and tackle. Equipment will be provided, but participants are encouraged to bring their own.

Fly Tying: Learn the art of fly tying. You will be presented with materials and tools which are needed and learn their various uses. Then, you'll try your hand at tying some basic fly patterns.

Introduction to Backpacking: If you enjoy backpacking, but don't want to commit to an overnight trip, then this class is for you. You will receive experience in hiking with a pack and instruction in backpacking equipment, food preparation, setting up and breaking down camp, basic safety, and wilderness etiquette.

Outdoor Cooking: Complete meals can be cooked in a Dutch oven, whether it's breakfast or dinner. Learn how while practicing a few recipes during class, then enjoying the results. You will also learn about the preparation and care of the oven and different equipment that can be used.

Outdoor Survival: Gain the knowledge, skill, and attitude that surviving an outdoor emergency requires. This course will deal with the mental things that you need to know about survival as well as the physical aspects: food, water, fire, and shelter. You will also learn what to include in a survival pack to take with you when you venture into the wilderness. Have you ever built a fire without matches? In this class you'll learn how to!!

Rifle Marksmanship: Learn to shoot .22 rimfire rifles and the fundamentals of rifle marksmanship skills. Come join us for fun and action on the firing range!

Stream Ecology: This class will be in introduction to aquatic creatures and their role in an aquatic ecosystem. There will be some lecture time, but most of the class will involve hands-on learning, so be prepared to get wet. Participants should bring old shoes.

Talkin' Turkey: You'll have an opportunity to learn about the wild turkey and its habits. Learn calling techniques, equipment, camouflage and set-up techniques to improve your chances of seeing, photographing, and bagging one of these magnificent birds.

What's In the Woods?: Have you ever gone on a hike and wondered what that tree, bush, weed, bird or animal track might be? Then this class is for you. Learn how to identify various plants that grow in the woods by their leaves, bark buds, and flowers. Learn to identify birds visually or by their song and what animal track left their track in the woods. Easy hike in the forest so wear appropriate shoes.

Questions?

Tammy Mowry (Women in the Outdoors)
(724) 284-9201, Email: Tammynwtf@zoominternet.net
OR

Billie Shearer (Becoming An Outdoors-Woman)
(304) 558-2771, Email: Billieshearer@wvdnr.gov

Send Checks and Registration to:

Tammy Mowry, 288 Crisswell Road, Butler, PA 16002

Confirmation

Once your registration and payment have been received, confirmation and directions will be sent via email or postal mail.

Cancellation Policy

In order to receive a full refund, you must cancel 7 days prior to the event. You may send a substitute.

What to Bring

Note taking materials if you are so inclined and a water bottle.

Classes are outdoors and hands-on regardless of the weather. Lightweight hiking boots are recommended. Be sure to bring rain gear as workshops will proceed.

Your pocket book, you might just find something to buy on the raffles and silent auction.

**Silent Auction, Raffles, & Door Prizes
(cash, checks, and credit cards will be accepted)**

Workshop Schedule:

8:00 - 8:30	Registration
8:30 - 8:45	Welcome/Overview
9:00 - 10:15	Session 1
10:30 - 11:45	Session 2
12:00 - 1:00	Lunch
1:15 - 2:30	Session 3
2:45 - 4:00	Session 4
4:15 - 5:00	Closing

Ages 14-17 must attend with a parent or legal guardian.

Participant Registration Form

Name _____

Address _____

City _____

State _____ Zip _____

Phone _____

Date of Birth _____

E-mail Address _____

New Member _____ Renewal _____

WITO Membership Number _____

Emergency Contact _____

Emergency Contact Phone _____

Please choose four (4) classes and four (4) alternates.

#1 _____ #2 _____

#3 _____ #4 _____

Alternate _____ Alternate _____

Alternate _____ Alternate _____

Payment Method (cash, checks, and credit cards will be accepted)

- \$ _____ Registration Fee
\$40 (early bird, postmarked by June 29)
\$45 (postmarked after June 29)

- \$ _____ TOTAL

Make check payable to: **WV State Chapter, NWTf**

- Charge my credit card number _____

Circle one: Visa M/C Discover AMEX

Last three digits on back of card _____

Exp. Date: _____

Signature: _____

(please bring your credit card along)