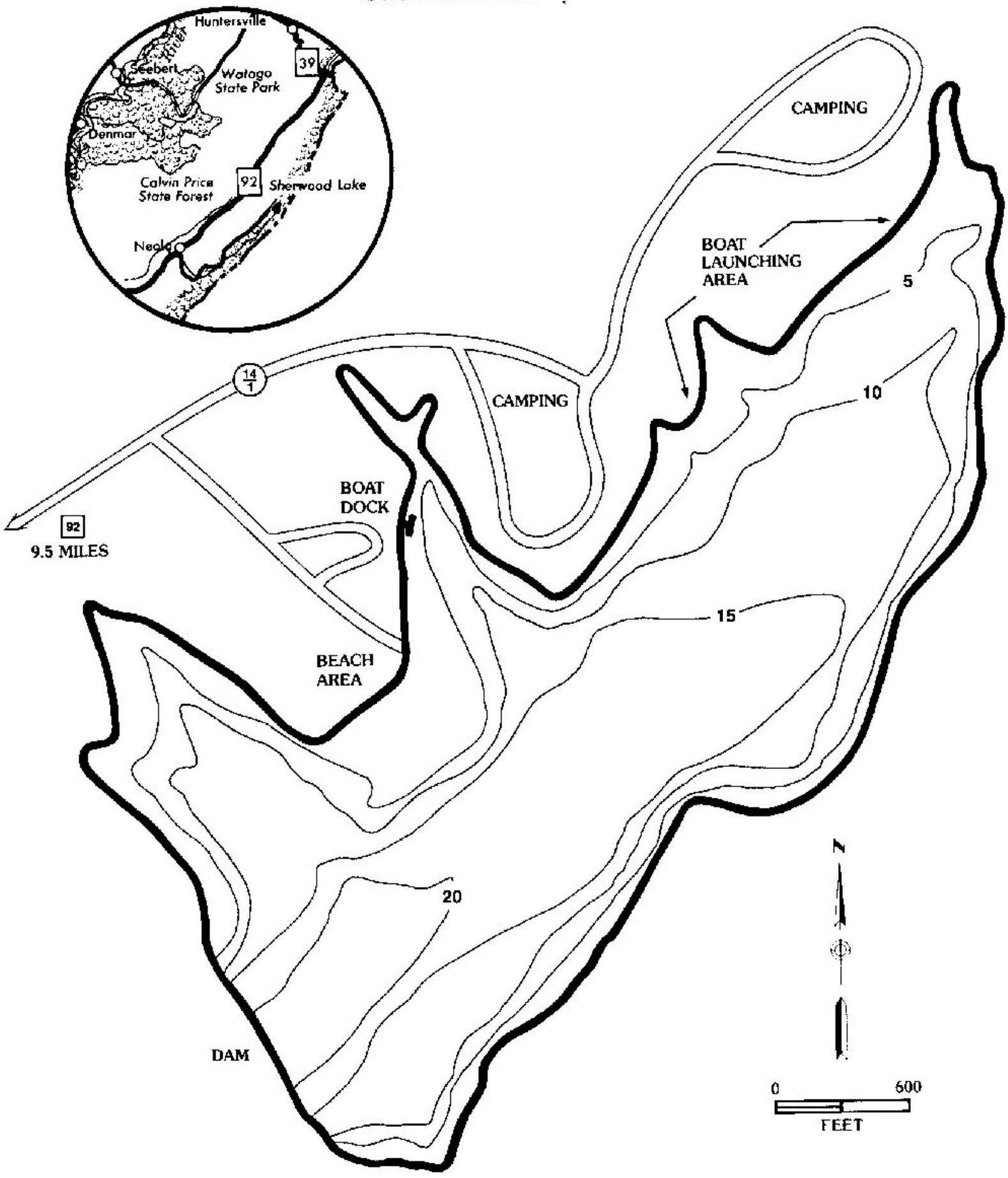Sherwood Lake