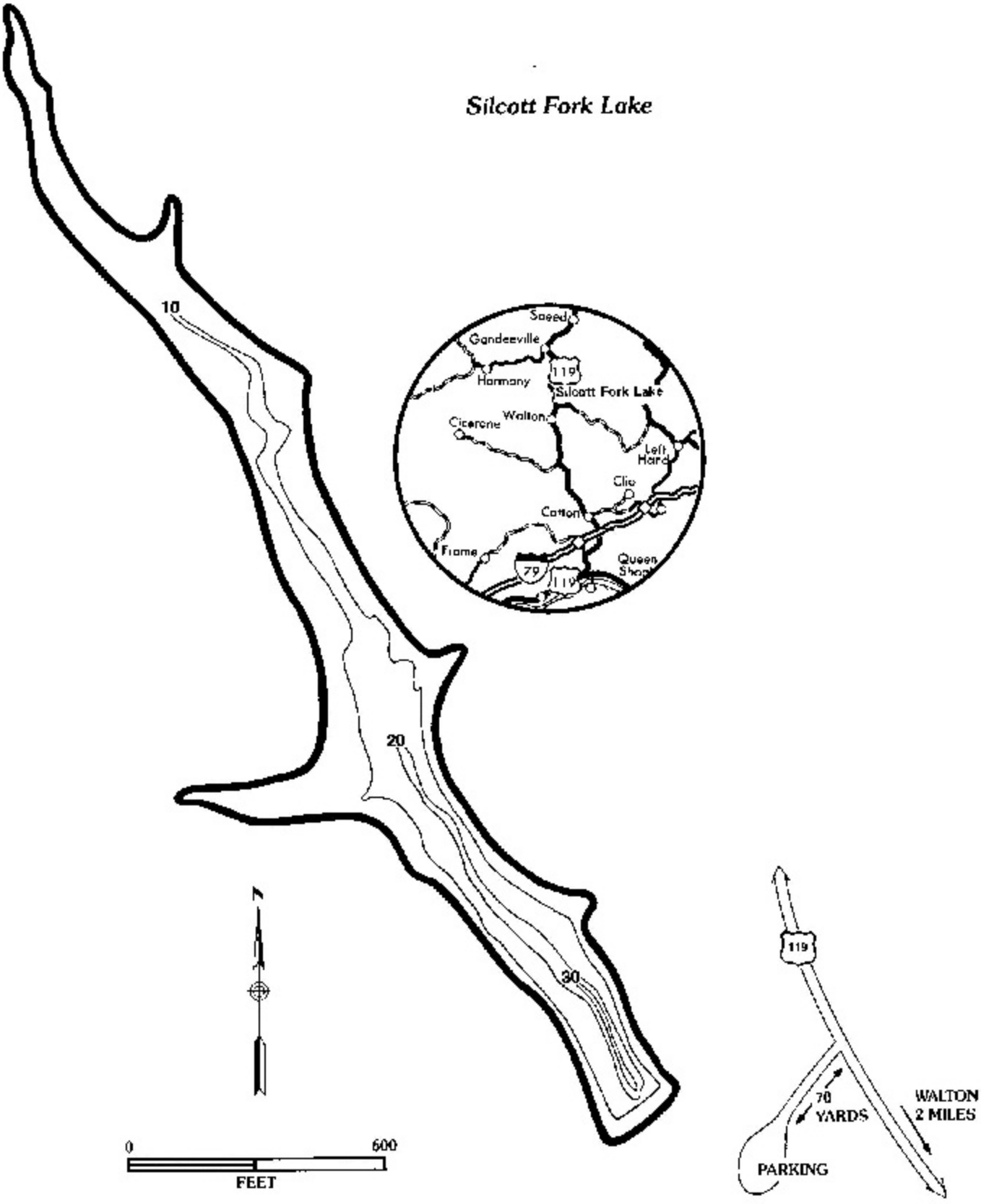Silcott Fork Lake